J·FIT AQUATICS

LAP SWIM SCHEDULE

Fall 2026

*Family Swim Times

This schedule is subject to change. Please refer to the My J App for real-time updates.

Install My J today!

Available on the App Store

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
6:35am		6:35am	6 LANES	6:35am	6 LANES	6:35am	6LANES	6:35am	6LANES	6:35am	6LANES	6:35am	
7:30am		7:30am	6 LANES	7:30am	6 LANES	7:30am	3 LANES	7:30am	6 LANES	7:30am	6 LANES	7:30am	
8:05am		8:30am	2 LANES	8:30am	2 LANES	8:30am	2 LANES	8:30am	2 LANES	8:30am	2 LANES	8:05am	
9:30am		9:30am	2 LANES	9:30am	2 LANES	9:30am	6 LANES	9:30am	2 LANES	9:30am	2 LANES	9:00am	
10:30am	3 LANES	10:30am	6 LANES	10:30am	6 LANES	10:30am	6 LANES	10:30am	6 LANES	10:30am	6 LANES	10:30am	
11:30am	3 LANES	11:30am	6 LANES	11:30am	6 LANES	11:30am	6 LANES	11:30am	6 LANES	11:30am	6 LANES	11:30am*	3 LANES
12:30pm*	3 LANES	12:30pm	6 LANES	12:30pm	4 LANES	12:30pm	4 LANES	12:30pm	6 LANES	12:30pm	6 LANES	12:30pm	3 LANES
1:30pm	6 LANES	1:30pm	6 LANES	1:30pm	4 LANES	1:30pm	4 LANES	1:30pm	6 LANES	1:30pm	6 LANES	1:30pm	3 LANES
2:30pm	4 LANES	2:30pm	6 LANES	2:30pm	6 LANES	2:30pm	6 LANES	2:30pm	6 LANES	2:30pm	6 LANES	2:30pm	1 LANES
3:30pm		3:30pm*	3 LANES	3:30pm*	3 LANES	3:30pm*	3 LANES	3:30pm*	3 LANES	3:30pm	6 LANES	3:30pm	
4:30pm		4:30pm*	3 LANES	4:30pm*	1 LANES	4:30pm*	3 LANES	4:30pm*	3 LANES	4:30pm	4 LANES	4:30pm	
5:30pm		5:30pm*		5:30pm*	1 LANES	5:30pm*		5:30pm*	3 LANES	5:30pm		5:30pm	
6:30pm		6:30pm		6:30pm	1 LANES	6:30pm	1 LANES	6:30pm		6:30pm		6:30pm	
7:30pm		7:30pm		7:30pm		7:30pm		7:30pm		7:30pm		7:30pm	