J·FIT AQUATICS

# LAP SWIM SCHEDULE

## Fall 2026

*Family Swim Times

This schedule is subject to change. Please refer to the My J App for real-time updates.

Install My J today!

Available on the App Store

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| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 6:35am | | 6:35am | 6 LANES | 6:35am | 6 LANES | 6:35am | 6LANES | 6:35am | 6LANES | 6:35am | 6LANES | 6:35am | |
| 7:30am | | 7:30am | 6 LANES | 7:30am | 6 LANES | 7:30am | 3 LANES | 7:30am | 6 LANES | 7:30am | 6 LANES | 7:30am | |
| 8:05am | | 8:30am | 2 LANES | 8:30am | 2 LANES | 8:30am | 2 LANES | 8:30am | 2 LANES | 8:30am | 2 LANES | 8:05am | |
| 9:30am | | 9:30am | 2 LANES | 9:30am | 2 LANES | 9:30am | 6 LANES | 9:30am | 2 LANES | 9:30am | 2 LANES | 9:00am | |
| 10:30am | 3 LANES | 10:30am | 6 LANES | 10:30am | 6 LANES | 10:30am | 6 LANES | 10:30am | 6 LANES | 10:30am | 6 LANES | 10:30am | |
| 11:30am | 3 LANES | 11:30am | 6 LANES | 11:30am | 6 LANES | 11:30am | 3 LANES | 11:30am | 6 LANES | 11:30am | 6 LANES | 11:30am* | 3 LANES |
| 12:30pm* | 3 LANES | 12:30pm | 6 LANES | 12:30pm | 4 LANES | 12:30pm | 4 LANES | 12:30pm | 6 LANES | 12:30pm | 6 LANES | 12:30pm | 3 LANES |
| 1:30pm | 6 LANES | 1:30pm | 6 LANES | 1:30pm | 4 LANES | 1:30pm | 4 LANES | 1:30pm | 6 LANES | 1:30pm | 6 LANES | 1:30pm | 3 LANES |
| 2:30pm | 4 LANES | 2:30pm | 6 LANES | 2:30pm | 6 LANES | 2:30pm | 6 LANES | 2:30pm | 6 LANES | 2:30pm | 6 LANES | 2:30pm | 1 LANES |
| 3:30pm | | 3:30pm* | 3 LANES | 3:30pm* | 3 LANES | 3:30pm* | 3 LANES | 3:30pm* | 3 LANES | 3:30pm | 6 LANES | 3:30pm | |
| 4:30pm | | 4:30pm* | 3 LANES | 4:30pm* | 1 LANES | 4:30pm* | 3 LANES | 4:30pm* | 3 LANES | 4:30pm | 4 LANES | 4:30pm | |
| 5:30pm | | 5:30pm* | | 5:30pm* | 1 LANES | 5:30pm* | | 5:30pm* | 3 LANES | 5:30pm | | 5:30pm | |
| 6:30pm | | 6:30pm | | 6:30pm | 1 LANES | 6:30pm | 1 LANES | 6:30pm | | 6:30pm | | 6:30pm | |
| 7:30pm | | 7:30pm | | 7:30pm | | 7:30pm | | 7:30pm | | 7:30pm | | 7:30pm | |