



LAP SWIM SCHEDULE

Spring 2025

This schedule is subject to change.
Please refer to the My J App for a real-time schedule with live reservations, availability, and updates.



Install My J today!



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
6:35am		6:35am	6 LANES	6:35am	6 LANES	6:35am	6 LANES	6:35am	6 LANES	6:35am	6 LANES	6:35am	6 LANES
7:30am		7:30am	6 LANES	7:30am	6 LANES	7:30am	3 LANES	7:30am	6 LANES	7:30am	6 LANES	7:30am	6 LANES
8:05am	6 LANES	8:30am	3 LANES	8:30am	3 LANES	8:30am	3 LANES	8:30am	3 LANES	8:30am	3 LANES	8:30am	6 LANES
9:00am		9:30am	3 LANES	9:30am	3 LANES	9:30am	6 LANES	9:30am	2 LANES	9:30am	2 LANES	9:30am	6 LANES
10:30am		10:30am	3 LANES	10:30am	3 LANES	10:30am	3 LANES	10:30am	2 LANES	10:30am	2 LANES	10:30am	6 LANES
11:30am	2 LANES	11:30am		11:30am		11:30am		11:30am		11:30am		11:30am	3 LANES
12:30pm	2 LANES	12:30pm		12:30pm		12:30pm		12:30pm		12:30pm		12:30pm	3 LANES
1:30pm	6 LANES	1:30pm		1:30pm		1:30pm		1:30pm		1:30pm		1:30pm	3 LANES
2:30pm	6 LANES	2:30pm	3 LANES	2:30pm	3 LANES	2:30pm	3 LANES	2:30pm	3 LANES	2:30pm	3 LANES	2:30pm	3 LANES
3:30pm		3:30pm	3 LANES	3:30pm	3 LANES	3:30pm	3 LANES	3:30pm	3 LANES	3:30pm	6 LANES	3:30pm	3 LANES
4:30pm		4:30pm		4:30pm	3 LANES	4:30pm		4:30pm	3 LANES	4:30pm		4:30pm	4 LANES
5:30pm		5:30pm		5:30pm	3 LANES	5:30pm		5:30pm	3 LANES	5:30pm		5:30pm	
6:30pm		6:30pm	3 LANES	6:30pm	6 LANES	6:30pm	3 LANES	6:30pm	3 LANES	6:30pm		6:30pm	
7:30pm		7:30pm	3 LANES	7:30pm		7:30pm	3 LANES	7:30pm		7:30pm		7:30pm	